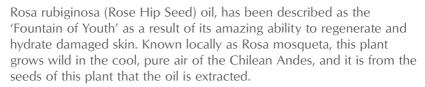# Rosa Rubiginosa

Rose Hip Seed Oil

'The fountain of youth' from high in the Andes

*Amazing skin repairing
all-natural moisturizer*

NATURAL SKIN CARE FROM OSHADHI

Rosa rubiginosa (Rose hip seed) oil

Rosa rubiginosa (Rose Hip Seed) oil, has been described as the 'Fountain of Youth' as a result of its amazing ability to regenerate and hydrate damaged skin. Known locally as Rosa mosqueta, this plant grows wild in the cool, pure air of the Chilean Andes, and it is from the seeds of this plant that the oil is extracted.

The remarkable effects of this oil on the skin were known to the ancient Andean peoples, and recently these have been brought to light by modern scientific research in Chile, Germany and the US. Rosa rubiginosa can be used to help:

- Reduce scar formation after burns, surgery, and injuries
- Recover from sun damage
- Reduce wrinkles, stretch marks, spotty skin
- Resilience and smoothness, build collagen, improve elasticity
- Hydrate the skin tissue

Why it is good for your skin

Rosa Rubiginosa oil is superbly rich in unsaturated fatty acids, mainly linoleic acid (48%) and alpha- and gamma-linolenic acid (33%). These compounds are vital for the synthesis of prostaglandines in the cell core, for the regeneration of membranes, and for the cell's defence mechanism, as well as for other physiological and biochemical processes involved in the regenerative processes of the skin.

Fatty acids are considered vital for human life; they can only be synthesized by a living organism, and they must be absorbed either through the skin or through ingestion. The role of these fatty acids in the tissue as hormone precursors (prostaglandine) is very important.

How to apply Rosa Rubiginosa

Typically, this involves twice daily use for between one and three months. Apply a few drops with fingertips to the problem area. Massage gently for 2-3 minutes, or until the oil is completely absorbed. The skin will not feel greasy. In the case of acne, wash the skin thoroughly before treatment. After this treatment routine, use the oil in one application per day, which is sufficient for routine care and wrinkle prevention.

Research

A. Exposure to sun causes important morphological changes in skin. This appears in different ways and varying intensity ranging from surface wrinkles, active keratosis and variation in the distribution of the melanin granules.

For this test volunteers were selected among people who usually spend the 3 months of summer in resorts by the sea or who go to the beach every day. The tests were carried out on 20 women, aged between 25 and 35, who were controlled and assessed during the summer of 1988. The most frequently noted cutaneous signs were surface wrinkles, brown spots and, in some cases, only an intense tan. All applied rosehip oil on the face during four months (May to August, 1988).

Observations were made every 8th day. Significant changes were noted starting on the third week. Firstly, surface wrinkles started to disappear, spots started to fade until, at the end of the fourth month, the disappearance was complete. Skin presented a smooth and fresh aspect and the spots had almost disappeared.— *Professor Bertha Pareja and Professor Horst Kehl, Dec. 1988.*

B. Ten patients affected by leg ulcers and post-surgical wounds were treated with 26% oil concentrated Rosa Rubiginosa with very notable improvement in their healing response compared with the control group. Due to the lack of side effects, it was concluded that Rosa Rubiginosa oil is very useful to these conditions. (Source: Med Cutan Ibero Lat Am. 1990;18(1):63-6)

Rosa Rubiginosa Skin Care Oils

Rosa Rubiginosa can be used on its own, or with the addition of specific essential oils for added benefit and fragrance. Choose from the following Oshadhi Rosa rubiginosa moisturizers:

- **Rosa rubiginosa organic (6651)**
- **Rosa rubiginosa organic fragranced (6650)** *with geranium and ylang ylang*

FOR DRY SENSITIVE SKIN

- **Rosa rubiginosa Jasmine (6315) -** *with jasmine*

FOR MATURE SKIN

- **Rosa rubiginosa Queen (6310) -** *with rose geranium and rose*

- **Rosa rubiginosa Wild Rose Deluxe (6317) -** *A luxurious blend of organic Rosa rubiginosa with rose abs, neroli, cistus, the ultimate blend for mature skin*

Rosa Rubiginosa is a natural skin moisturizer.
If you are looking for a natural skin toner,
try pure Oshadhi hydrolats (hydrosols).
Please ask for a leaflet or sample.

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